

URISIL SILICONE SHEETS

URISIL is a medical grade silicone sheeting product intended for the treatment of hypertrophic and keloid scars, or as prophylactic treatment on closed wounds to prevent the development of such scars.

Instructions for Use

- 1. Cut a piece of the silicone sheet so that it covers the scar and extends slightly past the margins of the scar. Multiple sheets may be necessary for extensive scars.
- 2. Carefully remove the backing from the self-adhesive side of the silicone sheet and place that side on the scar.
- 3. Adhesive bandages may be added to silicone sheets to improve adherence. Avoid attaching the silicon sheet too strongly to the skin in order to prevent irritation of the scar and the surrounding area.
- 4. Keep the unused silicone sheet in its original packaging in a cool, dry place.

How to Care for your URISIL Product

- 1. The **URISIL** silicone sheet should be washed twice daily in water with a non-greasy mild soap and rinsed in clean lukewarm water. The sheet should be dried and reapplied to the clean, dry scarred area.
 - Avoid cleaning the sheet with detergents that might irritate the skin.
 - Do not dry the silicone sheet with paper towels, as the paper may leave particles that stick to the silicon.
 - Please note: In warm weather or when perspiring after physical activity, the silicone sheet should be washed more often to guarantee optimal contact with the skin.

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- 2. URISIL should be used for a minimum of 12 hours per day throughout the treatment period. For best results, the fabric sheet should be used for 23 hours per day and removed only for cleaning.
- 3. In order to allow scarred skin to properly adjust to treatment, fabric sheets should be used for 2 hours per day for the first one or two days, 4 hours per day for the following two days and then increased incrementally 2 hours each day until the optimal treatment time of 23 hours per day is achieved.
- 4. The silicone sheet should be replaced when excessively worn and difficult to wash. Following these instructions, sheets should last 14 to 28 days; however, when

URISIL should not be used on open or secreting wounds.

Patients with dermatological problems should not use URISIL.

treating scars located on joints or in areas of constant friction, their lifespan may be shorter.

5. Do not apply any cream or ointment to the scar area when using **URISIL**.

Skin irritation on areas treated with silicone sheets may indicate either poor hygiene or excessive pressure when applying the silicone sheet. If a rash appears, discontinue the use of **URISIL** and consult your therapist.

When used to treat surgical scars, **URISIL** may only be applied following the removal of sutures.

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